SPECIAL DIETARY NEEDS – FOOD SERVICES DEPARTMENT

The Toppenish School District will provide access to healthy meals to all children. Including children with disabilities who have special dietary needs.

Under the law, a disability is an impairment which substantially limits a major life activity, which can include allergies and digestive conditions, but does not include personal diet preferences. Reasonable modifications to meal(s) will be made on a case-by-case basis to accommodate disabilities which restrict a child's diet.

HOW DO I GET SPECIAL DIETARY ACCOMMODATIONS FOR MY CHILD?

Requests for special dietary needs are made by the parent or guardian providing the district with a completed Request for **SPECIAL DIETARY ACCOMMODATIONS** form. This form MUST include the following:

- Food(s) to be omitted/avoided from the child's diet
- How the ingestion of the food impacts the child
- Food(s) to be substituted
- Signature of a State-recognized medical authority (a licensed health care professional authorized to write medical prescriptions in Washington State)

Turn in a completed Special Dietary Accommodation form to the school's nurse. The nurse will work with the Head Cook and the Food Service Director to make the necessary arrangements to provide the student with the requested accommodations. The nurse and the FS Director may work with the District's Section 504 Coordinator, school principal and teacher in providing accommodations for children with disabilities.

Special dietary needs will be provided at no extra charge.

CONTINUING TO WORK WITH YOUR SCHOOL:

Continued communication is necessary for the most up-to-date care. Times to communicate with your school may include:

- New special dietary needs
- Updated restrictions (for example your child was not able to eat tomatoes, but now he/she can
- Questions or concerns about your child's care

For questions or concerns regarding Special Dietary Accommodations, contact the Nursing Department at 509-865-8308 or the Food Services Director at 509-865-8093.